



New Niners include Anne Carter, Marian Stratton, Jamie Jeffery, Marilee Carson, Kathi Gray, JoAnne Kelly and Michelle McMinn.

## Niners

By CATHY LOFFINK



### Mentors and mentees share about themselves at event

Our golf and event season is now underway beginning with the Niners New Member Orientation held in March. It was well attended and a pleasure to meet some of the ladies that will be joining us this year. Although several could not be there, with the help of their mentors, they are sure to become acquainted with other Niners and have a good introduction to the Niners League.

At the orientation, both mentors and mentees were given a piece of paper and asked to write down a couple of adjectives that describe them or how they believe they are perceived. The results were interesting. For the mentees, there was a common thread that gives insight as to what may have been a reason that attracted them to the Niners. Many of the readers of this article could probably guess what words were written — fun and friendly, humorous, enthusiastic and athletic/active. In a simple summary, these descriptions are what the Niners are all about. From the mentors' viewpoint, outside of variations of the word fun, the descriptive words were a bit unexpected. These ranged from "motivator" to "smart" to "plays golf fast." However, my favorite of all was the mentor who simply



Toni Goss, instructor of Rusty Hinges Yoga, speaks to our club.

stated "91-year-old." She, as a mentor, is a testament to the fact that Niners are resilient and no matter what age they want to share their love of the game and the league.

The next event was the Welcome Back Coffee. The committee did a great job and Jo Carvalho, our president, succeeded in creating a comfortable atmosphere. This was a simple event with golf afterwards. The guest speaker was Niner Toni Goss. She teaches a class called Rusty Hinges Yoga right here in Charbonneau. To quote her, it is yoga for people who have lived long enough to have stories, wisdom and joints that occasionally make noises like an old screen door in a wind-storm." After many years of teaching therapy yoga, she retired; however she keeps coming back to it because it works. As she indicated, it is a gentle approach to a realistic therapeutic exercise class. Many people, along with this Niner, think it is all about twisting into pretzels and

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believe themselves to be inflexible or are worried about dizziness. Just like a new golfer, sometimes reluctant to play, because they don't know how to keep score, we all have had to learn as we go, and it never is as difficult as it seems. She loves teaching older adults who are wonderfully honest. She can be contacted at [goss.toni@gmail.com](mailto:goss.toni@gmail.com).

Upcoming is our first scramble "Spring Into Golf." New to the Niners last year, Ginny Jorgensen has taken on the role of chair for the three regular scrambles this season. This one will be held on Tuesday May 12. The deadline to sign up is 5 p.m. May 5 so there is still time to sign up in the notebook in the proshop or online at [ladiesninersgolf.com](http://ladiesninersgolf.com). Social members are always welcome and encouraged to attend. Also look for another golf rules clinic coming up soon.

Finally, our Guest Day Event is a bit earlier than in past years. It will be June 9, so start thinking of who you would like to invite to enjoy the company of the Niners.

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CLUB

**\*All Directed Proxy  
Votes must be turned  
in by 5PM on May 20<sup>th</sup>  
to the Activity Center  
Drop Box or the  
Front Desk.**

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